



# RISEDALE

A family of learners

## Keep In Touch

KIT Newsletter

April 2023





## Dear parents/carers and pupils,

As the Summer term approaches and the nights get lighter, I hope our young people, and their families, are able to begin to enjoy the Summer months ahead. We have loads planned to further enhance our curriculum and provision going forward and I hope to be able to share some of this with you in the coming months.

This KIT Newsletter shines with how engaged our community really is. Special mention must go to [Emma Hollinshead](#) in Year 11 for her fantastic selection to Bishop Burton College in order to pursue her love of Rugby!

Please do take time to read [Lisa Smith's article](#) about the counselling provision we have at school - she is a wonderful addition to our family! The 'Teen Brain' event on Thursday 4th May 6pm - 7:15pm should be really informative and a clear way that shows us working collaboratively with families.



From Comic Relief to Enterprise Day, sports activities to poetry; the last half term was packed. Well done to everyone in The Risedale Family - you make me proud every day!

Enjoy the sunshine and the longer days ahead.

Kindest regards,

**Mr C D Scott - Headteacher**



## School Counsellor Lisa Smith tells us why pupil and staff wellbeing is so important to her and at the heart of the Risedale Family.



*Having been in post at Risedale School for 2 years I thought it would be a good opportunity to update everyone on the work I have undertaken.*

*The role of a full-time School Counsellor is certainly a busy one but one I enjoy thoroughly. I have provided counselling to 263 pupils since I came into the post in February 2021.*

*I set up and established a Referral Pathway to streamline all referrals for mental health support in school. This includes low-level support from existing support services within the school to pupils requiring counselling in school or onward referrals to external agencies. Staff, parents or pupils themselves can make a referral for support. This is done by talking with form tutors in the first instance.*

*For those pupils requiring counselling support, consent is obtained from the families or young persons. I offer an initial assessment followed by 6 - 8 1:1 counselling sessions for pupils with mild to moderate mental health needs.*

*I liaise with families/carers when the counselling sessions start and when they finish. I am available to discuss any concerns as the sessions are ongoing. If needed, I liaise with external agencies which can include CAMHS (Child and Adolescent Mental Health Service), Phoenix Compass, Local Authority etc.*

*All records are kept up to date and data is collected from every pupil with regard to outcome measures on the impact of the counselling sessions including a pupil evaluation after the completion of the sessions.*

*Being in school and part of the Risedale Family enables me to offer informal discussions with both staff and pupils so they can talk about any concerns and I can offer general support.*

As well as being a full-time School Counsellor I am also the Senior Mental Health Lead at Risedale with a focus on developing a Whole School Approach to Mental Health and Wellbeing. This role has involved the development of Pupil Mental Health Ambassadors who have some fabulous ideas about supporting their peers within school and a Staff Wellbeing Working Group which focuses on Mental Health in the Workplace.


I have written a [Positive Mental Health Policy](#) which can be found on the school website.

Last year pupils enjoyed a pop concert in school from the pop group 'He Knows She Knows'. The group delivered a talk between songs on mental health issues young people face today.


This year the PE department and I are hoping to take a group of pupils to the North Yorkshire Wellbeing Festival focussing on the outdoors and exercise to embrace positive mental health.

On 4th May a training session will be delivered in school for parents on the 'Teen Brain' which will look at teen brain development and 'teen behaviours' with supporting strategies. This will be delivered by a trainer from the [Charlie Waller Trust](#) who offers Mental Health and Wellbeing Training across the region.





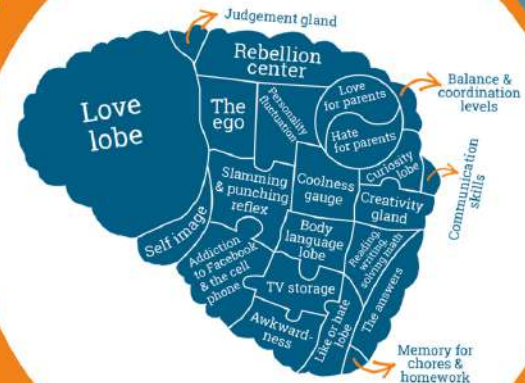
**RISEDALE**  
A family of learners



## The Teen Brain

A FREE workshop for all Risedale parents/carers to learn more about 'The Teen Brain' and strategies to support your child to navigate this period of their life

Thursday 4th May 2023, 6pm - 7.15pm



The Charlie Waller team have also delivered training to school staff to raise awareness of both staff and pupil wellbeing.

*As a Qualified Counselling Supervisor I also deliver Supervision sessions to some staff within the school. These reflective sessions help to focus staff on their own wellbeing and in turn, enable them to better support pupils with their mental health and wellbeing needs.*

*Last year I liaised with Teesside University and we were able to offer a placement in school for a trainee counsellor undertaking their counselling degree. We have also offered a placement to another student this year and she will be joining us after Easter.*

*The role of School Counsellor is so rewarding. I am lucky enough to say I love my job and love being part of the Risedale Family. I am humbled by our amazing pupils who engage and embrace counselling support when they can be experiencing such difficult times in their lives.*

**Below is some of the feedback from pupils from their evaluations which they complete after their counselling sessions:**

- ***“The counsellor is very kind and supportive and makes me want to talk more”***
- ***“She listened to me”***
- ***“... someone has sat and listened to my feelings”***
- ***“... she always listens to you”***
- ***“It was easy to talk to her and get things off my chest”***
- ***“They were helpful to cope with a lot of different things I had going on. Every session was great”***

## **Risedale recognised for continued commitment to Online Safety**

**We are delighted to announce that once again Risedale School has successfully completed all the required elements to be recognised as a ‘National Online Safety Certified School’ for our whole-school community approach to protecting children in the online world.**

**We achieved Certified School status by**

- School staff completing an Online Safety course
- Our Online Safety Lead completed a course
- Parents completed courses
- Users completed webinars
- Users have been accessing resources



National Online Safety is a multi-award-winning digital training provider with extensive resources in online safety, developed in line with the Department of Education’s statutory requirements.

Its CPD accredited courses and educational resources support UK schools in educating the whole school community about online safety – including all senior leaders, teachers, all school staff and parents – on how to make the internet a safer place for children.

James Southworth, the co-founder of National Online Safety, said: ***“Congratulations to everyone at Risedale School on becoming a National Online Safety Certified School. By completing our training programme, the school has shown its strong commitment to implementing an effective whole-school approach to online safety.”***

*“It can be increasingly difficult for schools and parents to stay ahead of online threats and ensure both children and staff are safeguarded from potentially harmful and inappropriate online material. We arm schools with the knowledge they need to understand online dangers and react in the best way possible to any problems.”*



**Photo: Headteacher Mr Scott with Year 11 pupils Shaun Baker and Keeley Matthews.**

Mr Scott said: *“Our staff and parents are committed to keeping our young people safe online and this accreditation is a testament to our whole-school approach in creating a culture that incorporates the principles of online safety across all elements of school life.”*

## **FREE online safety training for Risedale parents/carers**

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.



**Parents and carers can access FREE interactive online workshops, resources and guides by [registering here](#).**

The resources include parent and carer courses (presented by Myleene Klass), online video resources and weekly guides covering a huge range of topics, including

Online Relationships | Fake Profiles & Social Bots | Online Bullying | Online Grooming | Child Sexual Exploitation | Sexual Harassment & Violence | Sexting | Live Streaming | Online Identity | Screen Addiction | Online Challenges | Overspending | Social Media Platform | Online Gambling | Radicalisation, Terrorism & Extremism | Age Inappropriate Content | Copyright & Ownership | Hacking | Fake News | Online Fraud | Online

Reputation | Personal Data | Pornography | Targeted Adverts & Pop-Ups | The Dark Web | Games & Trends.

You can access National Online Safety online via any device - including a brand-new smartphone app. To download the app, please go to

- [National Online Safety on the App Store](#)
- [National Online Safety - Apps on Google Play](#)

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.

Answers to frequently asked questions and customer service can be accessed at <https://helpdesk.thenationalcollege.co.uk/helpcentre>.

## Big Enterprise Day

On Monday 6th March, Year 10 pupils participated in a 'Big Enterprise Day'. The event was provided by 'As Creatives', an organisation specialising in delivering learning workshops to schools across the UK.

The Big Enterprise Day consisted of a series of four activities with two main themes. Firstly, promoting skills for learning and skills for life, not just for business. And secondly, guiding pupils through the "5Rs Raft" of enterprise skills; relationships, resourcefulness, risk-taking (decisions), resilience and reflection - all soft skills employers seek when recruiting.



Pupils organised themselves into teams of three and completed four different workshops and challenges:

1. 'Enterprise and Me' focussed on identifying key British figures and their impact on the world (John Logie Baird, Alexander Graham Bell, Helen Sharman and Charles Darwin).
2. 'The Trading Game' teams took on the roles of individual countries, trading stocks and shares with the 'World Bank'.
3. 'The Bunker' focussed on teams trying out their connection-making skills in a code-breaking challenge.
4. 'The Priorities Game' focussed on how priorities can change depending on perspective. Teams were given a virtual budget to outfit a community centre and they had to prioritise how they would spend their money to refurbish the space.

Harry Tester (10 Brierley) said: ***"The event was fun to take part in. It helped me to understand more about enterprise and how efficient teamwork is important to businesses."***

Blake Atkinson (10 Higham) said: *"I enjoyed trying to solve the problems which we were presented with and I think it was a fun enjoyable way of teaching us about stocks, sales marketing and managing resource usage."*

Robin Mcilveen (10 Higham) said: *"I really liked the way everyone in my group contributed to our activities, we worked so well together and we had a good strategy to get things done."*



Nevaeh Bascombe-Nkoma (10 Higham) said: *"It was a really fun day and I enjoyed doing all the activities."*

This event is one of several opportunities that Year 10 pupils will have to help inform their choices about pathways from Year 11 to Post-16 and onto the world of Further Education and work.

Risedale School's Careers Leader, Mrs Porritt, said: *"I'm really pleased that our pupils achieved so much today and am really glad that they enjoyed the experience."*

On Facebook [As Creatives](#) said: *"We had a brilliant day working with your pupils at Risedale School - thank you so much for the warm welcome!"*

## Rotary STEM Competition

On Tuesday 7th March, ten pupils from Years 8 and 9 at Risedale had the privilege of attending the annual regional Technology Tournament for North Yorkshire organised by the Rotary Club.

The event took place at the REME (Royal Electrical and Mechanical Engineers) base in Catterick Garrison.

Over 160 pupils from schools across the area worked in teams to solve a challenging STEM (Science, Technology, Engineering & Maths) design brief. The task was to design and manufacture an electrically powered model vehicle to transport an item across a river using a range of materials and STEM knowledge.

Team Risedale produced some excellent products and narrowly missed out on gaining a prize.

Throughout the competition, all our pupils worked incredibly hard and were a credit to the school. They were also given the chance to look at and climb into some of the vehicles the REME were working on.

A brilliant day! Well done [#TeamRisedale](#)  
**Mr Kirkbride - Senior Teacher and STEM Lead**





## Comic Relief #RedNoseDay 2023



On Friday 17th March, pupils and staff at Risedale donated £1 to wear non-uniform for the day. We also had a fantastic fun-filled lunchtime of activities in the hall. A big thank you must go to all the staff who had wet sponges thrown at them - especially Dr Shephard who survived the ice-bucket challenge! You can see our photos on Facebook [HERE](#).

The following week we also had a cookie and cake sale in The Pod raising £78.47.



Thank you to all the pupils who joined in the activities and made donations to this fantastic cause. **IN TOTAL, WE RAISED £549.52!**



## Area U13 Girls' Football Tournament

The U13 Girls' Football Team should be really proud of their performance at the Girls' Area Football Tournament, held at Bedale on Thursday 23rd March. They played with grit and determination throughout and finished 8th out of the 10 Hambleton and Richmondshire teams that took part. Here are their results.

- Risedale v Stokesley 0-0
- Risedale v Richmond 3-0
- Risedale v Northallerton 0-1
- Risedale v Easingwold 1-1
- Risedale v SFX 1-3

**Miss Brierley**

## Area U15 Girls' Football Tournament

The U15 Girls' Football Team played in 8 matches at the Area 7-a side Tournament on Thursday 23rd March. The girls showed incredible determination and resilience all day. All that was missing was a bit of luck on their side but all the girls should be incredibly proud of themselves as I am of them!

**Mr J Metcalfe**

## Area U15 Boys' Football Tournament

We are proud to announce that our U15 Football Team represented Risedale exceptionally well at the Area 7s Football Tournament on Friday 24th March. Despite the challenging weather conditions, our team demonstrated excellent sportsmanship, teamwork and determination throughout the tournament. They played with great passion and enthusiasm - keep it up!

**Mr Hindhaugh**



## Area U12 Boys' Football Tournament

Our Y7 Football Team represented Risedale superbly at the Area 7's Football Tournament on Friday 24th March. Our team showcased some excellent teamwork, resilience and passion which helped them to come from behind and beat schools such as Richmond and Stokesley. Overall the team finished 5th in the tournament which was a result to be proud of.

With the hard work of Matthew, Alex, Elijah and Subhan, and excellent tackling skills and saves from Zach, Alfie and Corey, the team were able to score some great goals. Liam was our top goal-scorer on the day.

It was a fantastic day out and all the boys had a brilliant time!

**Mr Pugh**



## Year 8 Football

The Year 8 boys took to the pitch on Tuesday 28th March in a friendly game against Thirsk School and 6th Form College in challenging weather conditions. The team controlled the game from start to finish with two skilfully scored goals by Ollie. Thirsk staged a late comeback with a goal of their own but the boys dug in for the rest of the game finally winning 2-1. Well done boys - what a great match!

**Mr J Metcalfe**



## Rugby Union

On Tuesday 28th March, a team consisting of pupils from Years 8 and 9 played a Rugby Union game against Thirsk School and 6th Form College. The game was played with great spirit and all the pupils who took part were a credit to their respective schools.

In the end, the game was won by a resilient Risedale School side with two tries each for Toby-George and Harry and the other scored by Harvey 😊! Considering the conditions the boys played an expansive style of rugby with a true level of grit displayed at the breakdown and dominant tackles throughout.

The team was a real credit to the school, and every single one of them should be proud.

**Mr Lawson**



## Rugby Thunder Cup Round 2 🍌



The Y8 team travelled to play Egglecliffe School & Sixth Form College on Wednesday 29th March in round 2 of the Thunder Cup; a Rugby 9's competition organised by Newcastle Thunder.

Risedale went into halftime with the score at 3 tries each and plenty of positive Rugby played. The second half started promisingly for Risedale with two quick unchallenged tries; the first of which was made by Harry who ran the full length of the pitch at blistering speed and scored. Unfortunately, as the second half came to an end, a tired Risedale team began to make errors in defence and allowed a talented Egglecliffe team to offload the ball in contact and race to the try line on a few occasions.

As the full-time whistle blew the final score was 11 tries to 8 in favour of Egglecliffe. The Risedale tries were scored by Omar (3), Lekima (3) and Harry (2). Well done to every single member of the team!

If any pupils are interested in playing for the team and improving their Rugby ability please see Mr Lawson on any Wednesday after school 3-4pm.

**Mr Lawson**

## A bright future of Rugby ahead for Emma Hollinshead 🍌

Huge congratulations to Year 11 pupil Emma Hollinshead who has been selected to attend Bishop Burton College next year to study for a BTEC Level 3 in Sport and Exercise Science and play for their Girls' Rugby Academy.

Over the Easter Holiday, Emma trained with the Yorkshire Centre of Excellence and was able to meet and work with their coaching staff.

The Centre of Excellence identifies and works with girls who have the potential to progress through the England Rugby development pathway. If Emma continues to meet the required standard she could be selected for trials with the England Women's U18 Talent Development Group in the future.

Emma's Mum, Laura Hollinshead, said: ***"As you can imagine Emma was thrilled to have been given the opportunity to attend the Centre of Excellence and showcase her skills and talents in Rugby."***

Laura continued by saying: ***"Emma has worked incredibly hard and couldn't have achieved this level of performance without the support of her club and the U16 girls"***



*team she plays for. Richmondshire Rugby Club's dedicated coaching team have inspired Emma to work hard and put in the commitment required to progress to higher-level Rugby."*

Teacher of PE at Risedale, Mr Lawson, said: *"Well done Emma on your selection to attend Bishop Burton College next year. Your commitment and dedication will undoubtedly support you in your quest to play at the highest level of Rugby. I am always amazed at how conscientious you are and how well you listen to advice and instruction, immediately putting all that knowledge into practice. If you continue with this positive approach I am sure you will achieve your dreams."*

## GCSE Geography Field Trip

On Friday 24th March, 48 intrepid Year 11 Geographers travelled to Hornsea for their GCSE Geography field trip. Thankfully the late March weather was kind to us and the pupils enjoyed spending the morning on Hornsea Beach measuring groynes! I'm sure they will never forget measuring groynes especially as they will have to write about it in their GCSE Geography exam!

In the afternoon, we walked into Hornsea town centre where pupils were tasked with surveying members of the public to find out about the impact of tourism and they also had time to enjoy fish and chips and other local delights!

A big thank you to Mr Ford, Mr Gunnell and Mrs Johnson who ensured the trip was a resounding success.



## Mr Sherwood - Head of the Humanities Faculty

### World Book Day Winners

Congratulations to Chloe-Paige Frew-McGill and Mollie Thirlwell (both 9 Houlgate) who won a book of their choice for completing the 'Where's Wally Anagram Challenge' on [#WorldBookDay](#). They found all the Wallys and cracked the code. Fantastic work!

### Miss Sellers - Librarian



## The Power of Poetry

A group of our Key Stage 3 pupils took part in a Young Writers' Power of Poetry competition where they had to write a poem about the world around them! We had some brilliant entries and the top 6 were picked by Young Writers to be published this year in their poetry anthology! Very well done to all those who took part and contributed!



Miss Douglas - English

**Photo: Three of our successful Power of Poetry entrants Joseph Walsh, Molly Sumner and Kaiden Collins.**

On Facebook, Young Writers said: ***“We hope they enjoyed The Power of Poetry competition! What fantastic news, keep up the hard work! 😊”***

## Young Writers' Competition

Pupils from Years 7, 8 and 9 have taken part in a Young Writers' creative writing competition where the topic was to write about a magic door. The stories could be fictional or based on a recount of a real event, set anywhere in time or space, or even a whole new world.

The  
Magic  
Door

Mrs Carlisle said: ***“I am so proud of all the pupils that took part. They all showed great imagination and made their stories come alive! Well done to all of you.”***



## Bunny Olympics

As the end of term approached, it was time to acknowledge the hard work and dedication that our pupils had put into their lives at Risedale School. Thirty pupils from each year group were invited to a “Bunny Olympics” on the last day of term, Friday afternoon. They arrived to find they first had to work out their Bunny name and then design themselves a spring bonnet.



Suddenly Mrs Matthewman arrived to announce that Mr Scott had been found in his office... murdered! As shock (well cheering actually, sorry Mr Scott) rippled around the room, Bunny Olympics was quickly turned into a “Murder Mystery”! Files were distributed to pupils containing a list of suspects collected by PC Puzzled and PC Muddled, two very confused police officers. Unfortunately due to the PCs' confusion, the pupils first had to decipher their bewildering description of which members of staff they had interviewed.



Once they had deciphered who the suspects were they had to read through the witness statements and determine who had committed the crime! Using the evidence of fibres found at the scene, a note with a fingerprint on and comparing the pens that had been used alongside the corroborating statements they resolved who the murderer must be. The groups pointed the finger of suspicion at Risedale Librarian Miss Sellers for having hit Mr Scott over the head with a book!

Miss Sellers woefully admitted her guilt and was taken away for further questioning.



This was not the end though! Very luckily Mr Scott was checked before being taken away to the morgue and it turned out PC Puzzled and PC Muddled had forgotten to check that Mr Scott was dead and he was only unconscious. Everyone breathed a sigh of relief that Mr Scott was still with us and able to return to us fit and well for the Summer term.

Well done to all the pupils who took part - it was a fantastic afternoon!







**Detective Wiggles de Basket (Ms Blatch)**



## House System News



We are thrilled to share with you our exciting news from our Houses for the last term. The House leaderboard has been fiercely competitive, with Pankhurst  leading the way with an impressive 13,303 points, closely followed by Attenborough  in second place with 12,741 points, Turing  in third place with 12,366 points, and Seacole  in fourth place with 12,011 points.

Pupils had the opportunity to take part in a fantastic Pareidolia Photography Competition organised by Ms Westood (Head of Art) and also enjoyed a brilliant treasure hunt for British Science Week organised by Ms Blatch (Teacher of Science). Both competitions provided our pupils with the opportunity to showcase their creativity and scientific expertise. A special mention must go to Jaden McGregor (8 Vidor) who was the first pupil to correctly submit his answer every morning of the treasure hunt and absolutely smashed the competition out of the water. Well done Jaden!




We would also like to take this opportunity to congratulate all the pupils who received awards at our House celebration assemblies, recognising their achievements and hard work and a big thank you to Vision for Education for their kind donation of Easter eggs.

We are incredibly proud of our pupils and look forward to next term's House activities and events. We are particularly excited to launch Risedale's Got Talent, which will allow our pupils to show off their many talents.



## Pareidolia Photography Competition 2023 THE RESULTS

Congratulations to the winners, runners-up, and 'highly commended' entries in this year's Pareidolia Photography Competition ('Seeing faces in objects' ).

There were hundreds of fantastic entries and Head of Art, Ms Westwood, was really impressed with everyone's creativity and unique perspective on the world around them. Well done to all who took part.



Keira-Leigh Green

### YEAR 7 Highly Commended Entries



Syaron Shrish



Nathan Neasham

Runner Up



Sophia Chapman



Sophie Barratt



Kaydee Smith

### YEAR 8 Highly Commended Entries



Runner Up

Theo Dunbar



Ezmai Wilson



Jacob Gardner



Isla McGovern



Charlotte Swift

### YEAR 9 Highly Commended Entries



WINNER

Mollie Thirlwell



Jona Carter



Dylan Cadman



Runner Up

Mollie Thirlwell



Karysha Arissol



P A R E I I D C L I I A

**KS4 Entries**

Harley Williams

Mya Sales **WINNER**

Rogan Glass

Grace Hall-Twist **Runner Up**

**BEST ANONYMOUS ENTRIES!**

Unfortunately no physical prizes for these (or house points) – but you have won a valuable lesson about putting your name on your work!

**STAFF ENTRIES**

Mrs Gardiner

Mr Kay **WINNER**

Mr L Metcalfe

Mr Lamont **Runner Up**

P A R E I I D C L I A



**RISEDALE**  
A family of learners

